



SPRING 2015

Faculty, Staff, Alumni Memberships

You can work and work-out all in one place - the Bloomsburg University Campus! The Student Recreation Center (SRC) has membership plans and programming designed specifically for Faculty, Staff and Alumni. Come work out, learn a new skill, bring your family and enjoy all the new facilities and services we have to offer.

Welcome to the Rec!

Bloomsburg University's Student Recreation Center is committed to providing excellent services. We want your recreation activities to be convenient, fun and stress free! Rent a locker, check out a basketball, enjoy a quick game of racquetball, join an aerobics class, or just stop by for a visit.

FACILITIES:

Fitness Room - The 6,000 sq ft cardiovascular area contains a variety of equipment to meet your exercise needs. Equipment includes: Precor ellipticals, treadmills, AMT's, steppers. True stationary bikes, recumbent and striders. Cybex Treadmills and Arc Trainers. Stair climbers, rowers, a complete Cybex strength training circuit, and lots more.

Weight Room - The 6,000 sq ft free weight area contains Hammer Strength and Life Fitness benches, squat racks with platforms, multi-station cable crosses, a complete set of dumb bells up to 120 pounds, and a full line of Hoist Plate Loaded machines.

Multi-Purpose Room - With a specially designed floating wood floor, this room is used for aerobics classes, martial arts, club and intramural meetings, wellness classes, dance and floor exercise. The SRC offers a full schedule of group exercise classes throughout the week.

Main Arena - The main arena is composed of four (4) 84' x 50' basketball courts. These courts can be utilized for indoor tennis and volleyball. A 1/8 mile jogging track circles the basketball courts. A fifth court is located in an adjacent gymnasium

Racquetball Courts - The SRC features four glass backed racquetball courts that are also adaptable for wallyball.

Jogging track - a one-eighth mile jogging track surrounds four of the multi-use courts.

Climbing wall - a 39' Entre-Prises imprint climbing wall and freeform boulder area is located just off the lobby.



Spring 2015 — FEES:

(Circle membership amount)

		Fac/Staff/Spouse Spring	Alumni Spring
Full Membership		\$70.00	\$90.00
Morning Membership	6 am - 10 am	\$40.00	\$50.00
Lunchtime Membership	10 am - 2 pm	\$40.00	\$50.00

NAME: _____ ISO# _____

(Lower right hand corner of ID card)

CAMPUS/HOME PHONE _____ CAMPUS/HOME ADDRESS: _____

faculty staff spouse, significant other, dependent of (_____) RETIRED ALUMNI

Spouse or dependent: (must be 16 yrs or older) Faculty/Staff member must join first for spouse/dependent to join.

NAME:: _____ ISO#: _____

ADDRESS: _____ PHONE: _____

**Spouse and dependents of Alumni are NOT eligible for memberships.
Make checks payable to "Bloomsburg University"**